



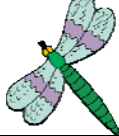


LIL' EXPLORERS

A PBU Creation



One-Day Free Trial

		
Ducks 6 mos. - 18 mos.	Turtles 12 mos. - 30 mos.	Dragonflies 2 1/2 yrs. - 5 yrs.

Lil' Explorers is written with the child care provider in mind. The ducks section is for the 6 - 18 month olds, turtles section is for 12 - 30 month olds and the dragonflies section is for 2 1/2 - 5 year olds. The activities in this lesson plan should be supervised by a teacher, child care provider or parent.

Each lesson plan will include a list of materials, and a book list on page 3, for the week. On the first page (5) of the lesson plan you will see 3 weekly activities; Literacy Center, Sensory Table and Dramatic Play, these activities should be set up in these centers for the children to explore all week long.

On the pages following you will see 5 different daily lessons, these lessons are to be used each day of the week. A sample schedule is also included on page 4 of this guide.

If you have any questions or concerns about the lessons found in this guide please do not hesitate to contact Pam.

Email pball2@att.net or visit www.pam-ball.com for more information.

Lil' Explorers - Unit 1 - Me & My Friends - All Week



LITERACY CENTER

In the literacy center for this week place lots of books about babies and children. Anything having to do with the theme Me and My Friends will be a great addition to this center.

In addition to the books, place lots of photos of the children during play, eating, inside and outside photos. It is a good idea to laminate the photos so the children can really explore them.

Make a class book of the children. Place a photo and name on each page of each child in the class. This will become a favorite of the children this week, but you can leave it in your library for use at a later time.

Ask families to make family books at home to donate to your literacy center this week. Ask them to include lots of photos of their family for their child to share with their friends. Incorporating home with school will make the children proud when they can share their family with their friends.

SENSORY TABLE

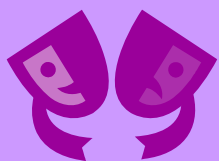


This week's sensory table should include more photos of family, friends and each child. Again laminate the photos and bury them in shredded paper. Encourage the children to dig for photos of themselves or their family.

Make different scented play dough this week. Use the recipes included with this theme or create your own. Place the play dough on sensory trays and encourage the children to knead, roll, and cut the dough. Encourage them to guess the scents.

Add plastic - unbreakable mirrors to your sensory table. Babies will love looking at themselves in the mirrors. They will giggle, laugh and play peek-a-boo! OH what fun!

Using a flashlight, place a colored piece of tissue paper over the lighted end and shine different colors across the room, on the floor, the walls, even the ceiling, and allow baby to explore, or chase the light.



DRAMATIC PLAY

Set up a home center, complete with play kitchen, dishes and play food. Infants and toddlers will imitate adults in the kitchen. Encourage this play by preparing a meal with them. You will be surprised how quickly they catch on. They enjoy playing side-by-side older children

or adults. Bang pots and pans together, clang the dishes, allow them to make some noise placing them in the sink. Set the table, place the food on the plates. Add as little or as much as your group will enjoy. Aprons, pot holders and tablecloths are a nice addition.

Lil' Explorers - Unit 1 - Sensory Table - Play Dough



SENSORY TABLE

PLAY DOUGH RECIPES



Lavender Flower Play Dough

3 cups flour
2 cups water
3/4 cup sugar
3 Tbsp oil
3 Tbsp. cream of tartar
1/8 cup violet powdered tempera paint
10-20 drops lavender flower essential oil
purple glitter

In large pot, mix together the first five ingredients until smooth. Place the pot over medium heat, stirring constantly until the mixture forms a large ball.

While the mixture is still warm, place it on a floured cutting board and knead in additional flour until the dough has a silky texture. Add powdered tempera paint and lavender oil, knead thoroughly. Sprinkle with purple glitter and knead again. Store in air tight container.

*This recipe can make any scent of play dough by replacing essential oil with your favorite scent.

Peppermint Play Dough

2 cups water
2 cups flour
1 cup salt
4 tsp cream of tartar
4 Tbsp. vegetable oil
4 Tbsp. peppermint extract

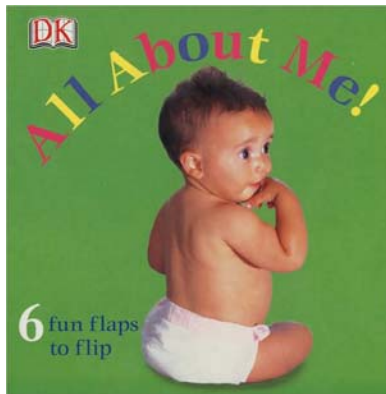
Combine all ingredients in a heavy saucepan. Cook over medium heat, stirring constantly with a wooden spoon, until mixture thickens and pulls away from the sides of the pan. Form dough into a ball, on waxed paper, and allow to cool.

*This recipe can make any scent of play dough by replacing exact with your favorite flavor.

Lil' Explorers - Unit 1 - Amazing Me - Day 1



STORY TIME



All About Me! takes babies on a tour of their own incredible bodies-encouraging imitative play by showing babies making faces and performing simple actions.

As you read allow the infants and toddlers explore the pages and gently open the flaps and peek inside.

Talk about the words on each page and explain their meaning as you read.

MANIPULATIVES



Amazing Me Puzzles

you will need:

- card stock
- photo of each child
- laminating materials
- glue
- scissors

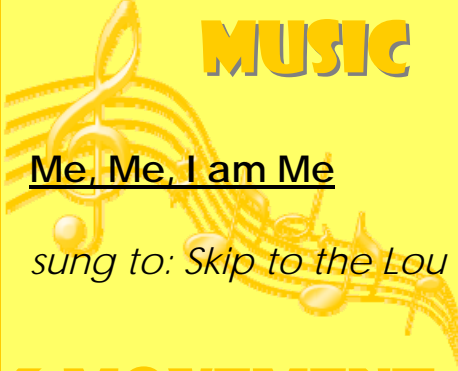
ahead of time:

Glue photo to card stock and laminate for durability. Cut the photo apart to create an easy puzzle, 2-3 pieces each.

hint: use different colored card stock for each child to easily separate puzzle pieces later.

Provide each child with their puzzle and encourage them to put them together.





MUSIC

Me, Me, I am Me

sung to: Skip to the Lou

& MOVEMENT



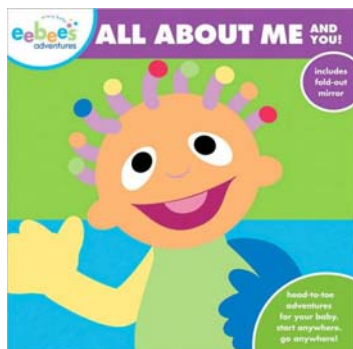
Me, me, I am me
I am me you'll see.

Happy, happy me
Happy as can be!

Lil' Explorers - Unit 1 - Amazing Me - Day 1



STORY TIME



It's a book...and a game, too! *All About Me and You* is an adventure all about eebee's—and every baby's—body.

Each page features a specially designed interactive board game: just unfold the book-sized mirror and baby can “look and play” along with eebee, making funny faces, throwing kisses, waving and clapping, and wriggling fingers. For extra fun, grown-ups can come up with their own ideas, too, based on their child's interests and personality. Best of all, these entertaining activities exercise baby's social, motor, language, and thinking skills!

MANIPULATIVES



Matching Me

you will need:

- card stock
- 2 photos of each child
- laminating materials
- glue

ahead of time:

Glue photo to card stock and laminate for durability. Be sure you have 2 photos of each child.

You can play this game like Go Fish, concentration or add one photo of your self and play like Old Maid.



MUSIC

Look at Me

sung to: Skip to the Lou

& MOVEMENT

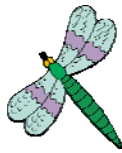


Look, look, look at me
Look at me and see.

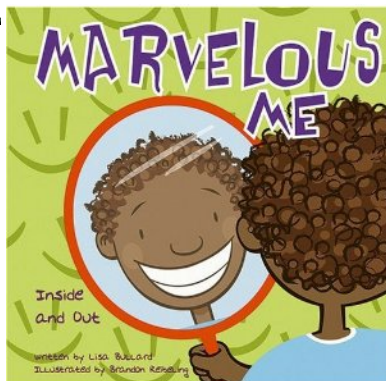
I can, I can jump.
I can jump you see.

Continue singing using other actions.

Lil' Explorers - Unit 1 - Amazing Me - Day 1



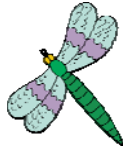
STORY TIME



Marvelous Me Inside and Out by Lisa Bullard is about Alex, who is a marvelous little boy who is just like other people in some ways, such as getting angry sometimes, but also unique because of his special laugh, his grizzly hugs, and his own interesting thoughts.

While you read this story talk the children about how everyone is unique. This is good, the world would be a boring place if we were all the same!

MANIPULATIVES



Amazing Me Puzzles

you will need:

- card stock
- 2 photos of each child, one baby
- one current
- laminating materials
- Glue

ahead of time:

Glue photos to card stock and laminate for durability. Create matching cards for each child.

hint: use different colored card stock

for each child to easily match them up or check their answers themselves.



Mix the photos up and encourage the children to match them.

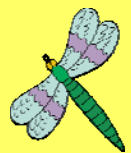


MUSIC

I am Big

sung to: Skip to the Lou

& MOVEMENT



I am, I am big.
I know how to dig.

I am, I am big,
I can do a jig.

Lil' Explorers - Unit 1 - Amazing Me - Day 1



ART TIME



Self Portraits

you will need:

self portrait template, included
finger paints

ahead of time:

Print a self portrait template per child. Write the medium ex. finger paint on the left bottom corner and their name on the bottom right corner as indicated.

Place self portrait templates on the table in front of each child.

hint: Use a small piece of masking tape under the paper to make it stick to the table or high chair tray.

Provide each child with a small amount of finger paint. Encourage them to make their self portrait.

SIGN LANGUAGE



Signing "Me"

you will need:

sign language cards, included
sign language poster, included

Provided is a sign language poster, to use with the children during sign language time and sign language cards to send home with the children to give parents the opportunity to continue the signs at home to broaden their child's learning.

tip: I recommend you send the sign language cards home with the children

prior to the week so parents can do the signs with their children as they are taught not after the unit is completed.



SOCIAL

Who Am I?

you will need:

photos of each child



INTERACTION

Sit with the children on the floor with their photos. Hold up one photo at a time and ask the children, "Who is this?" Encourage the children to say me, or to sign it as you show their photo.

hint: Have more than one photo of each child for more practice.



Lil' Explorers - Unit 1 - Amazing Me - Day 1



ART TIME



Self Portraits

you will need:

self portrait template, included
crayons or markers

ahead of time:

Print a self portrait template per child.
Write the medium ex. markers on the
left bottom corner and their name on
the bottom right corner as indicated.

Place self portrait templates on the
table in front of each child.

Provide each child with a variety of
crayons or markers. Encourage them
to make their self portrait.

Hang them around the room for all to
see. Parents will love seeing them.

SIGN LANGUAGE



Signing "Me"

you will need:

sign language cards, included
sign language poster, included

Provided is a sign language poster, to
use with the children during sign lan-
guage time and sign language cards
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their child's learning.

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is completed.



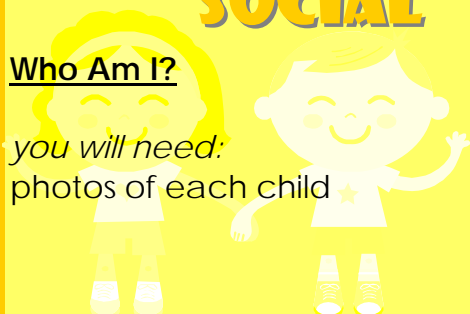
SOCIAL

Who Am I?

you will need:

photos of each child

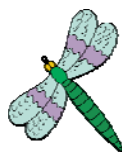
INTERACTION



Sit with the children on the
floor with their photos. Hold
up one photo at a time and ask the
children, "Who is this?" Encourage
the children to say me, or to sign it as
you show their photo.

hint: Have more than one photo of
each child for more practice.

Lil' Explorers - Unit 1 - Amazing Me - Day 1



ART TIME



Self Portraits

you will need:
self portrait template, included
finger paints

ahead of time:

Print a self portrait template per child. Write the medium ex. finger paint on the left bottom corner and their name on the bottom right corner as indicated.

Place self portrait templates on the table in front of each child.

hint: Use a small piece of masking tape under the paper to make it stick to the table or high chair tray.

Provide each child with a small amount of finger paint. Encourage them to make their self portrait. When dry hang them on your art wall for display.

SIGN LANGUAGE



Signing "Me"

you will need:
sign language cards, included
sign language poster, included

Provided is a sign language poster, to use with the children during sign language time and sign language cards to send home with the children to give parents the opportunity to continue the signs at home to broaden their child's learning.

tip: I recommend you send the sign language cards home with the children prior to the week so parents can

do the signs with their children as they are taught not after the unit is completed.



SOCIAL

Who Am I?

you will need:
photos of each child



INTERACTION

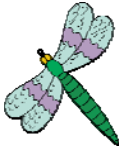
Sit

with the children on the floor with their photos. Hold up one photo at a time and ask the children, "Who is this?" Encourage the children to say me, or to sign it as you show their photo.

hint: Have more than one photo of each child for more practice.



Lil' Explorers - Unit 1 - Amazing Me - Day 1



MATH



Self Portraits

you will need:
self portrait template, included
finger paints

ahead of time:

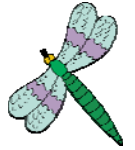
Print a self portrait template per child. Write the medium ex. finger paint on the left bottom corner and their name on the bottom right corner as indicated.

Place self portrait templates on the table in front of each child.

hint: Use a small piece of masking tape under the paper to make it stick to the table or high chair tray.

Provide each child with a small amount of finger paint. Encourage them to make their self portrait. When dry hang them on your art wall for display.

SCIENCE



My Body

you will need:
my body worksheet, included
child size scissors

Provide each child with a my body worksheet (of your choice, with or without words) and encourage them to cut out the labels on the dotted lines and label each body part by gluing them on the paper as indicated.

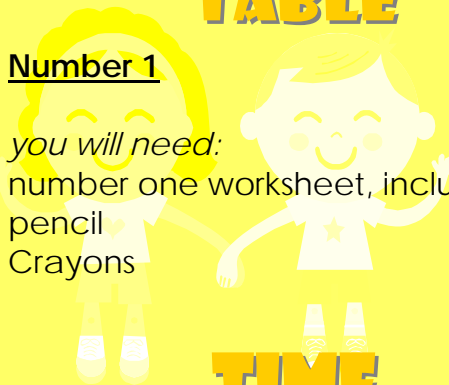
tip: Be sure to receive the words with them prior to doing this activity. As an added benefit you may want to take pictures of each body part and hang them on your word wall with word labels for this week.



TABLE

Number 1

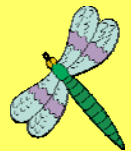
you will need:
number one worksheet, included
pencil
Crayons



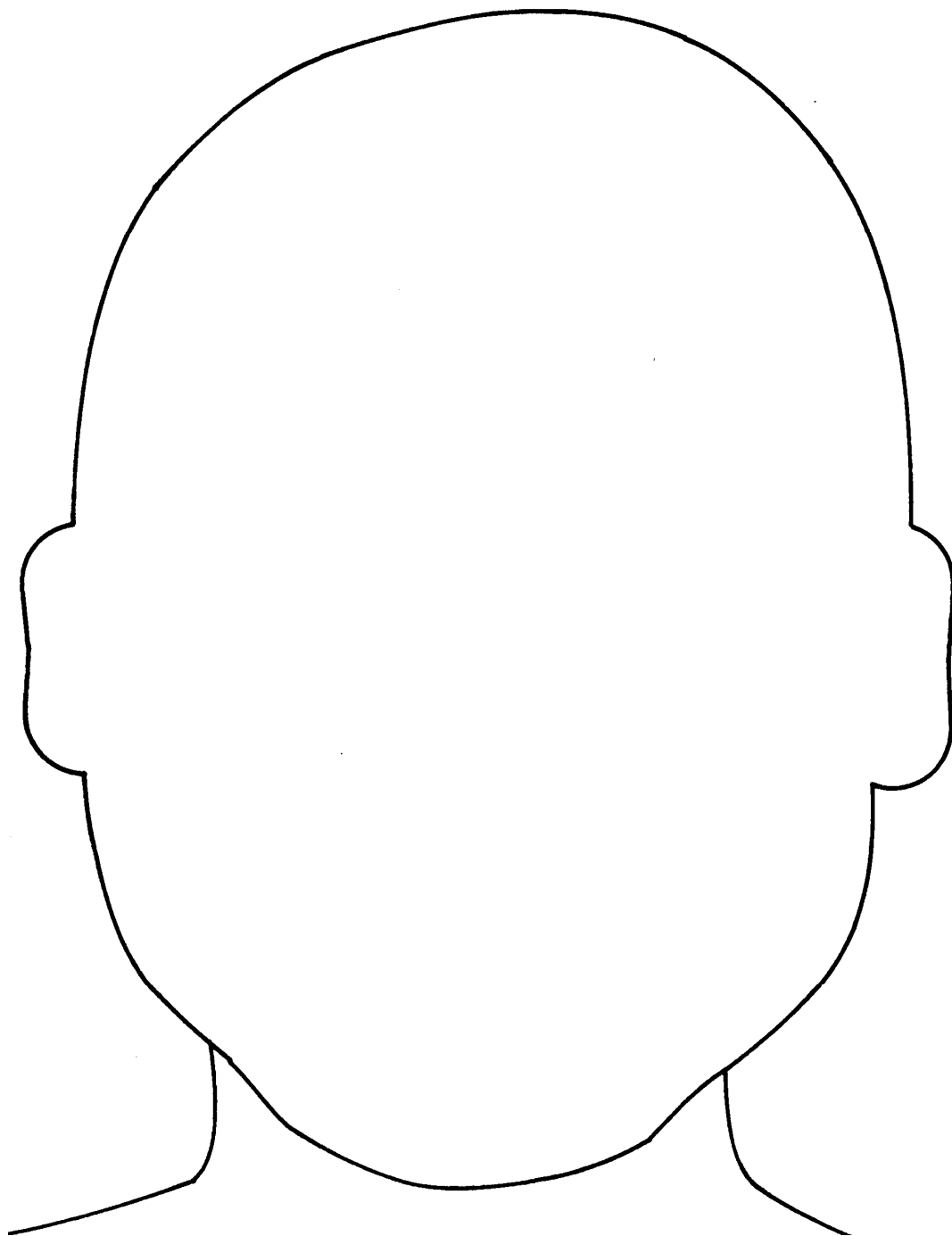
TIME

Provide each child with a number 1 worksheet and encourage them to practice writing the number 1 and then color the picture.

hint: provide the children with additional writing paper throughout the week to continue to practice writing the number 1.



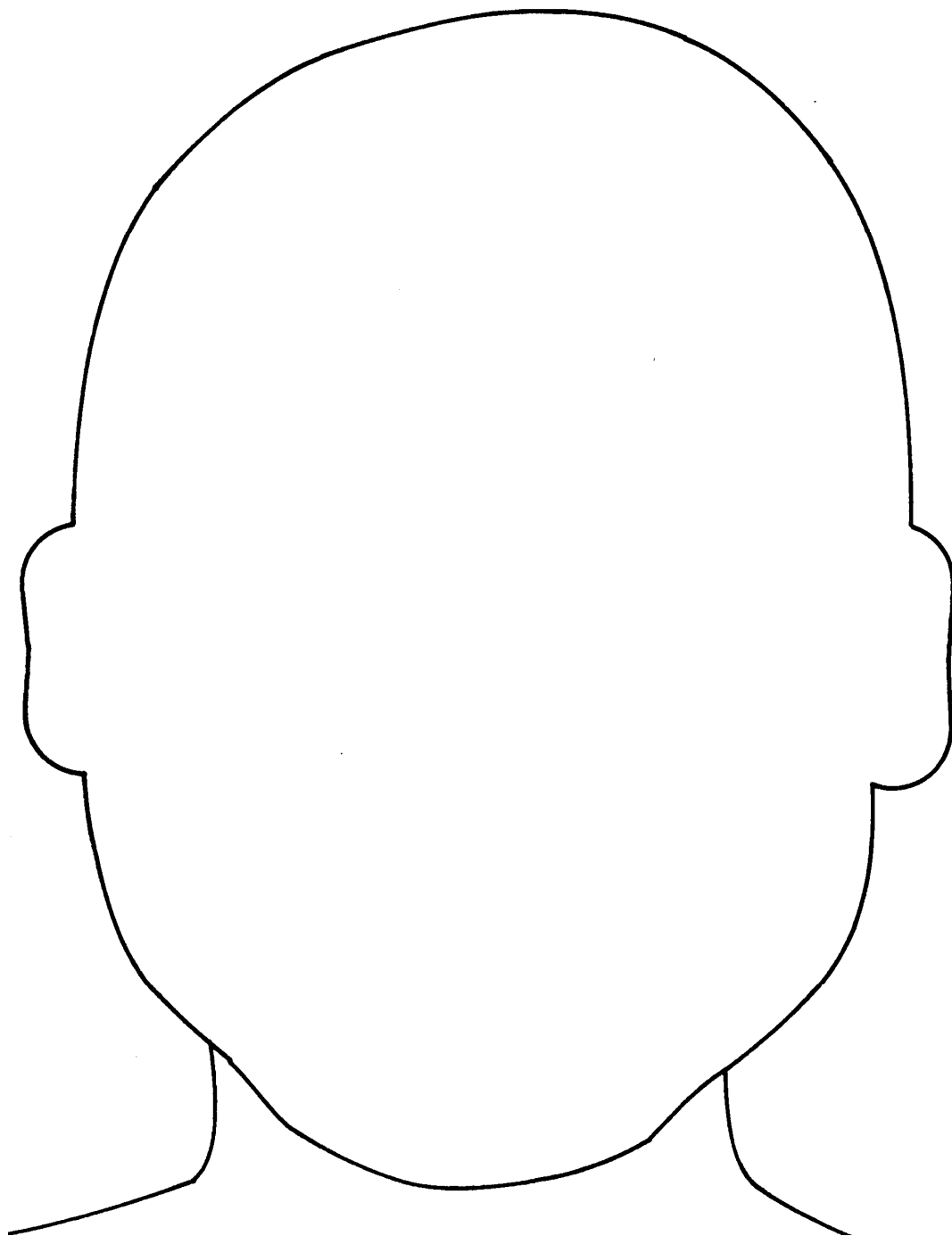
MY SELF PORTRAIT



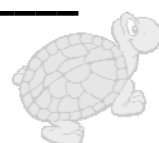
MEDIUM USED: _____ **BY:** _____



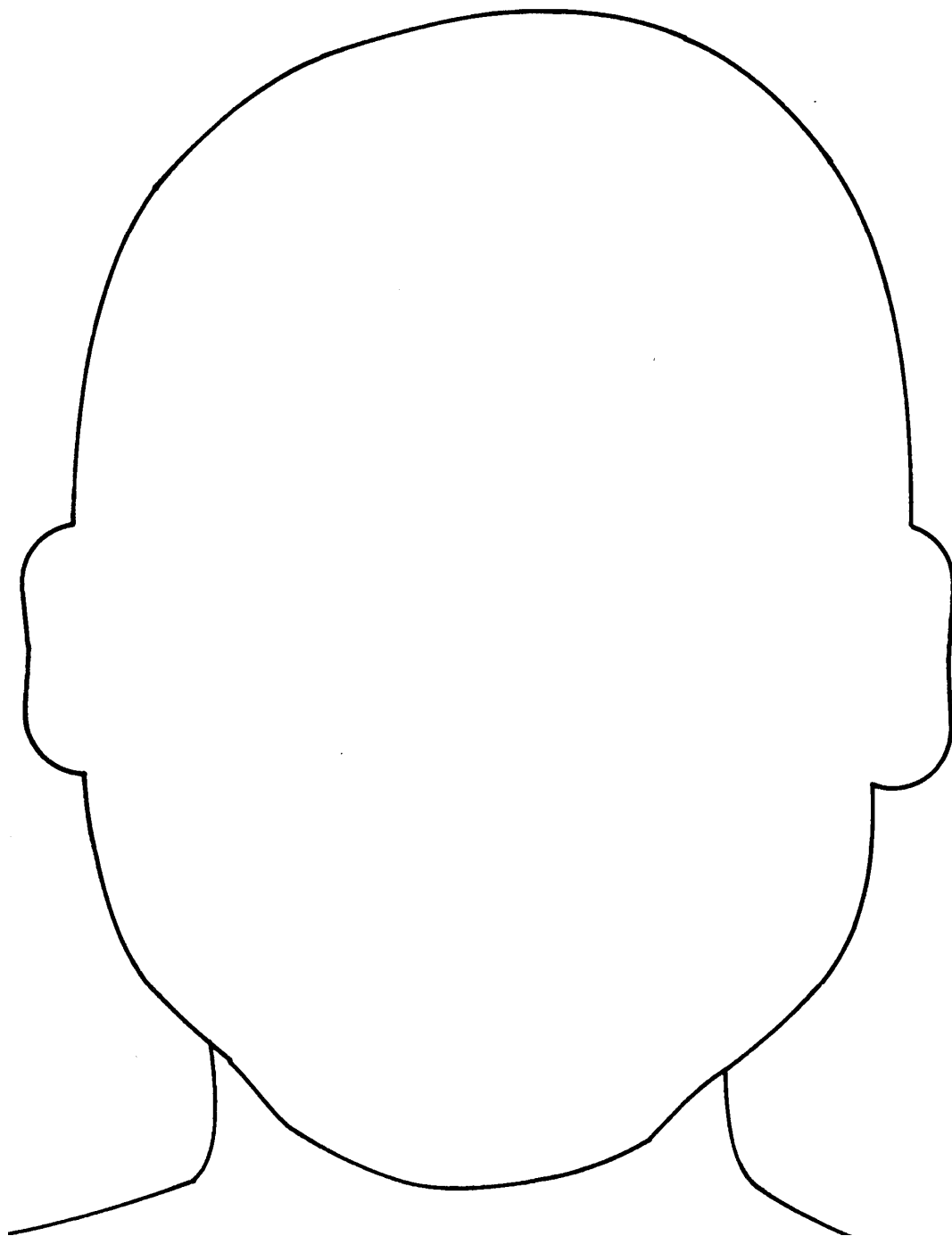
MY SELF PORTRAIT



MEDIUM USED: _____ **BY:** _____



MY SELF PORTRAIT



MEDIUM USED: _____ **BY:** _____

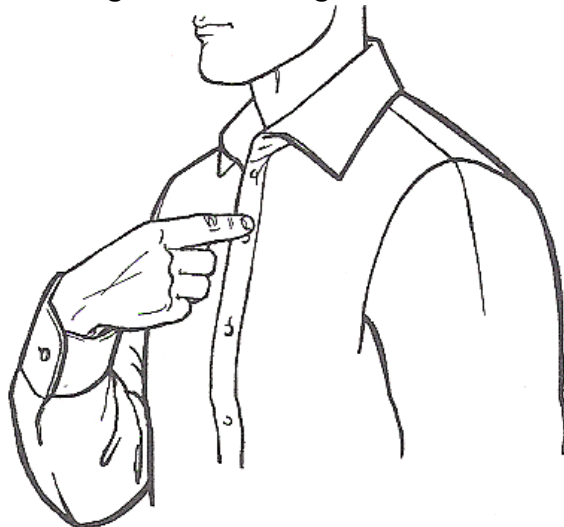


SIGN LANGUAGE POSTER

Place photo of child here.

ME

Point the right index finger toward the chest.



SIGN LANGUAGE POSTER

Place photo of child here.

ME

Point the right index finger toward the chest.



SIGN LANGUAGE POSTER

Place photo of child here.

ME

Point the right index finger toward the chest.




SIGN LANGUAGE CARDS

Place photo of child here.

ME


Point the right index finger toward the chest.



Place photo of child here.

ME

Point the right index finger toward the chest.






SIGN LANGUAGE CARDS

Place photo of child here.

ME


Point the right index finger toward the chest.



Place photo of child here.

ME

Point the right index finger toward the chest.






SIGN LANGUAGE CARDS

Place photo of child here.

ME


Point the right index finger toward the chest.



Place photo of child here.

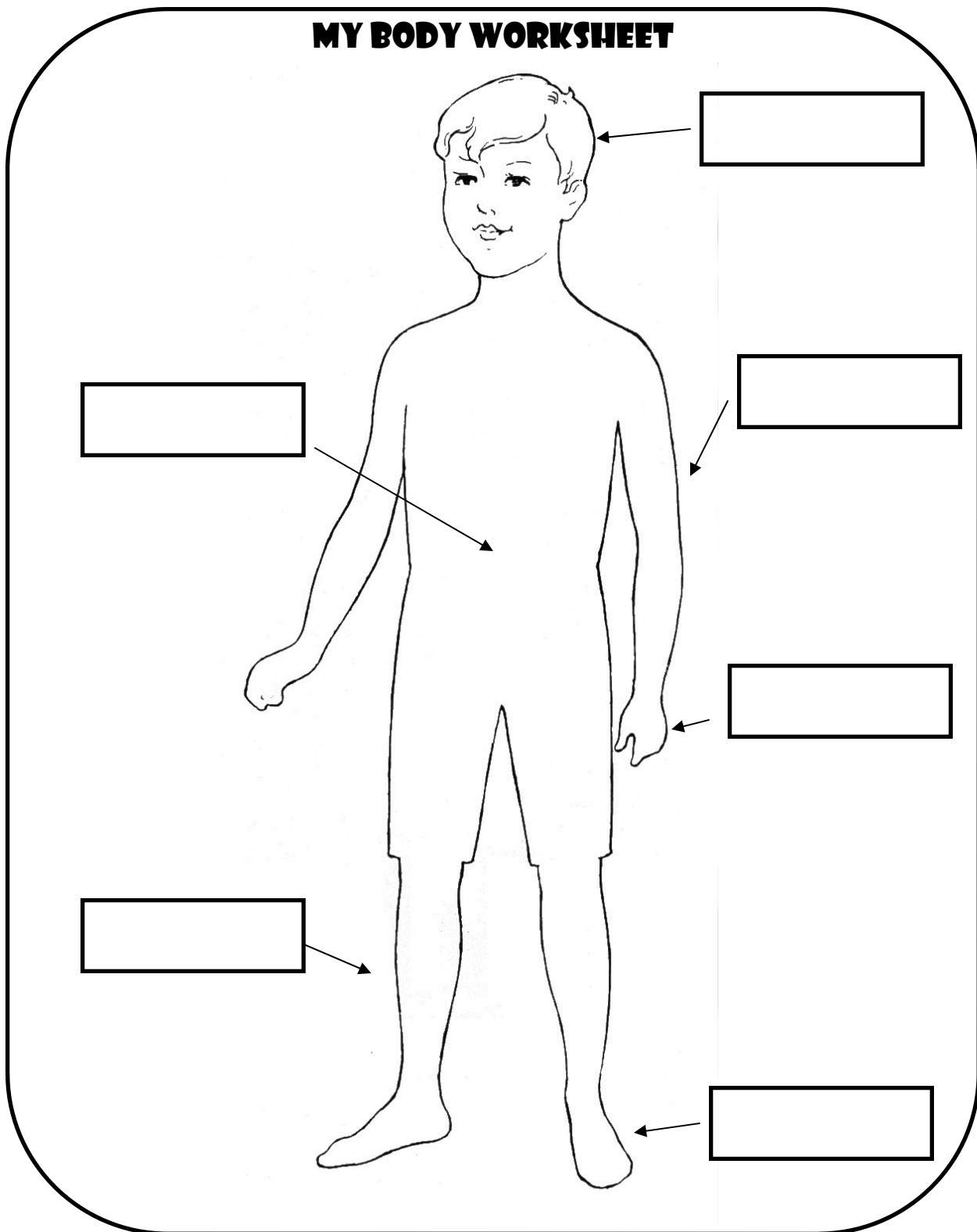
ME

Point the right index finger toward the chest.





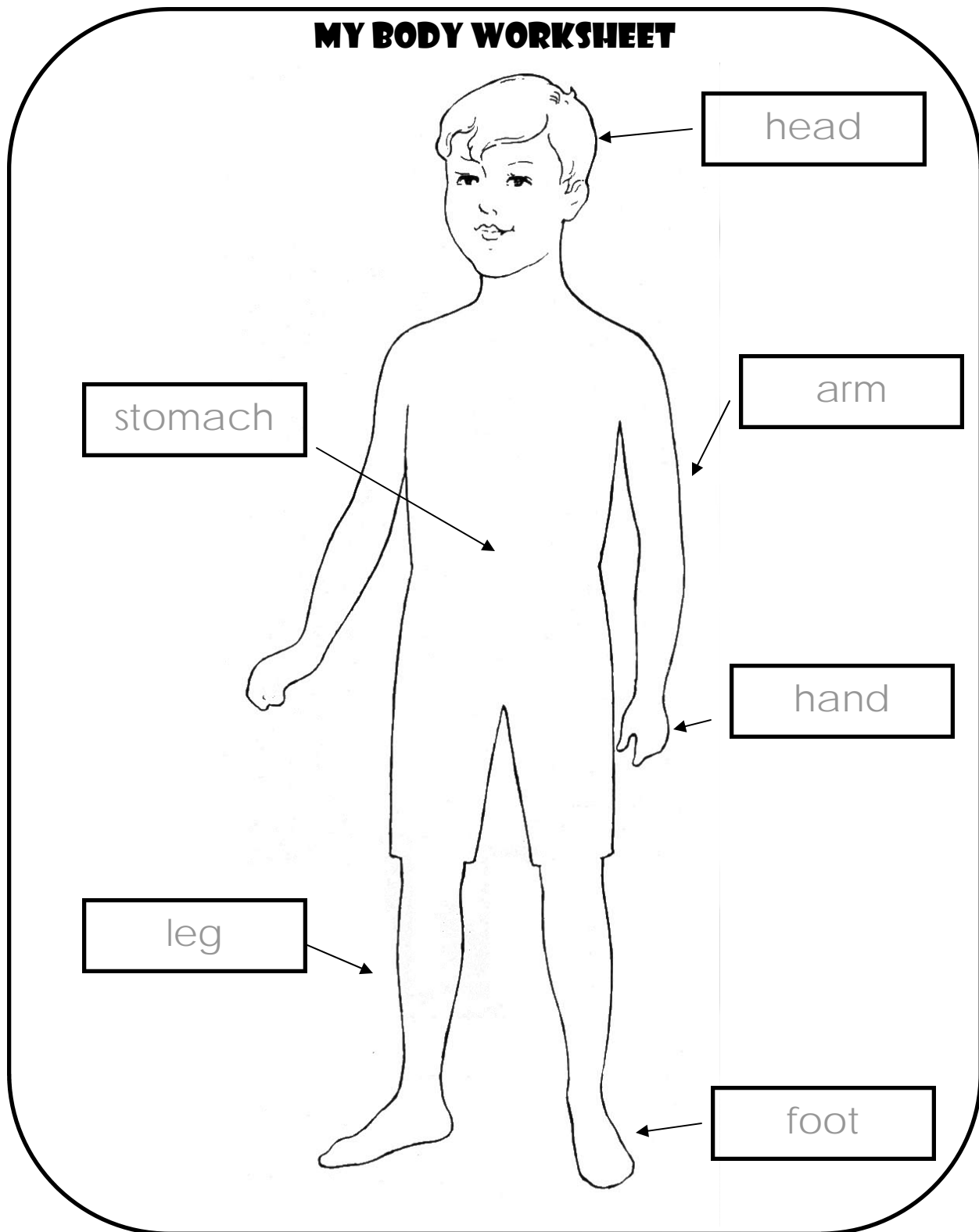
MY BODY WORKSHEET



head	arm	hand
stomach	leg	foot



MY BODY WORKSHEET



head	arm	hand
stomach	leg	foot



NUMBER 1 WORKSHEET

One

1



one

1

